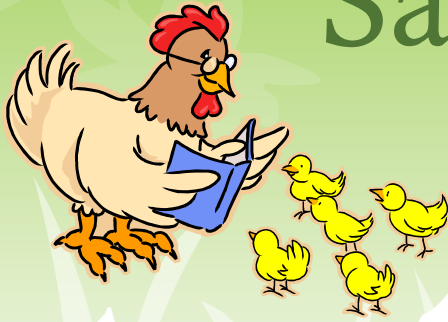


the

Sandy Land Press

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Holidays are a time for Traditions

In this the season of hope and love, acceptance and traditions, I thought I would share some you may like. Have a remembrance book for your family. Include pictures and thoughts you have during the holidays. Add to it each year, it will grow to be a treasured memento for years to come. Always keep change in your pocket for the bell ringers; it is a great lesson in giving for the children. Sit down with your children and write a letter to Santa. Then write one to a far away family member, have the children color a picture to send along with the letter. Make decorating the tree a family event. Share stories about the decorations; attach gift tags to your special ornaments with the year and story of where it came from to keep its memory alive. Take a walk through Candy Cane lane in Monterey. Follow it up by having some hot cocoa with friends. Make a bird feeder with the children and hang it to feed the winter birds. Donate time, food, clothing, or toys to a local food kitchen; include the children to teach them the art of giving and caring. Sing Christmas carols every chance you get. Attend a candle light service at your place of worship. Christmas eve gather the family for some warm tea and custard while the children open one gift, warm fuzzy PJ's or a stuffed toy are a good choice. Remember to cuddle while you share a favorite Christmas story before tucking the little ones in. Christmas day have the children help with the meal. They can stuff the celery with cheese, and set up the relish tray. Give hugs and smiles away every day, may your season be filled with love.



Christmas Vacation
December 24 – January 2
See you
January 3rd 2011